

HOW TO MAKE AN EMOTION-O-METER!

Are you ready to make your very own Emotion-O-Meter? It's super duper easy. All you have to do is follow these simple instructions to get to know yourself a little better!

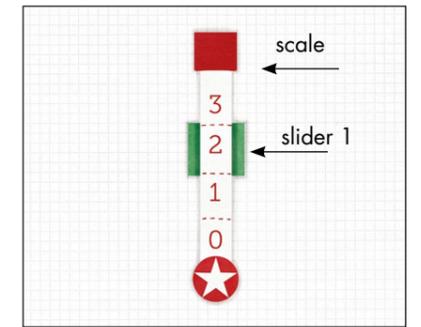


Materials:

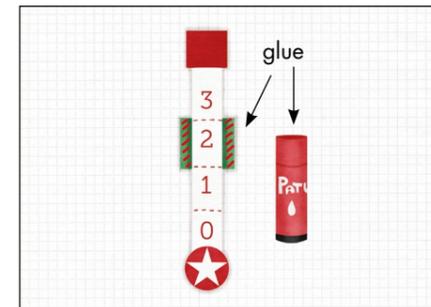
- A piece of heavy paper or cardstock with all the parts of the Emotion-O-Meter (page 2 of this pdf file) printed on it. The thicker the paper, the better.
- Scissors.
- Glue stick, or any other glue that can be used on paper.
- One small brad or paper fastener.
- A pin or other object with a sharp point for punching a small hole.

Instructions:

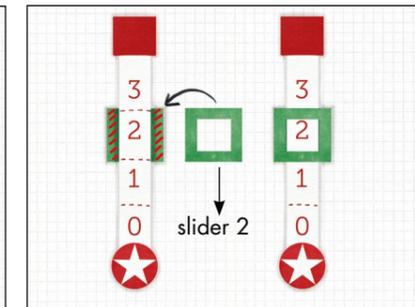
Step 1: Cut out all the pieces on page 2 along the dotted lines. If you want your Emotion-O-Meter to be extra sturdy, you can laminate the pieces before moving on to Step 2.



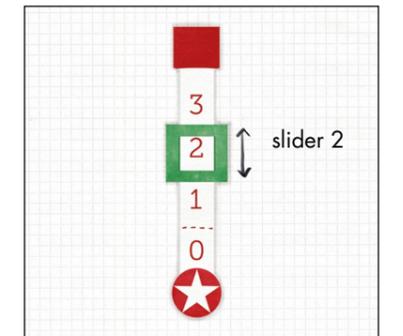
Step 2: Set SLIDER 1 on a hard surface and center the SCALE directly on top of it.



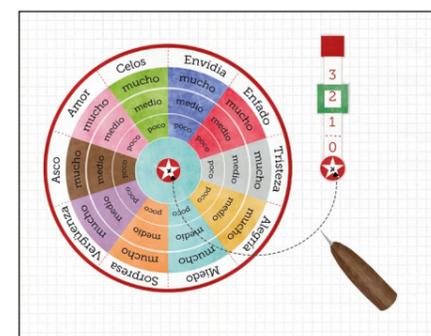
Step 3: Spread glue onto the two edges of SLIDER 1 that stick out to either side of the SCALE.



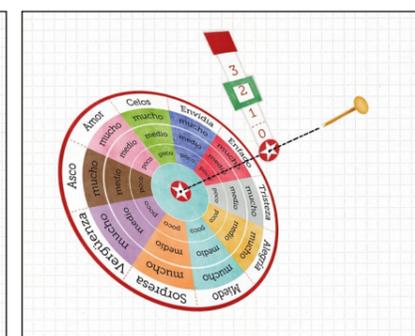
Step 4: Stick SLIDER 2 onto SLIDER 1, making sure to line the two pieces up as exactly as possible, so that the SCALE is sandwiched between them. The green border around the SLIDER window should stick out on either side of the SCALE.



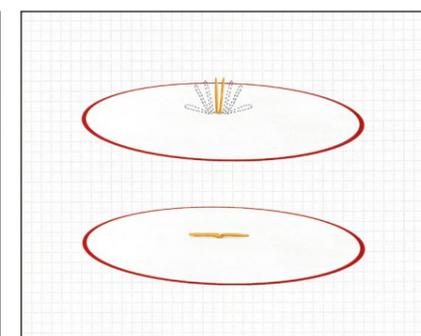
Step 5: Check to make sure that the SLIDER can move freely up and down the SCALE, then set the whole thing aside in order for the glue to dry.



Step 6: Using your pin or another object with a sharp point, punch a small hole in the center of the stars on both the WHEEL and the SCALE.



Step 7: Insert the brad or paper fastener from top to bottom first through the hole on the SCALE, then through the hole on the WHEEL.

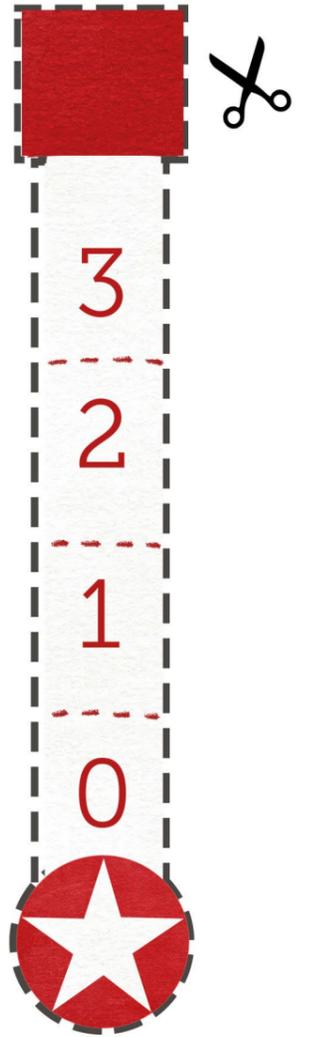
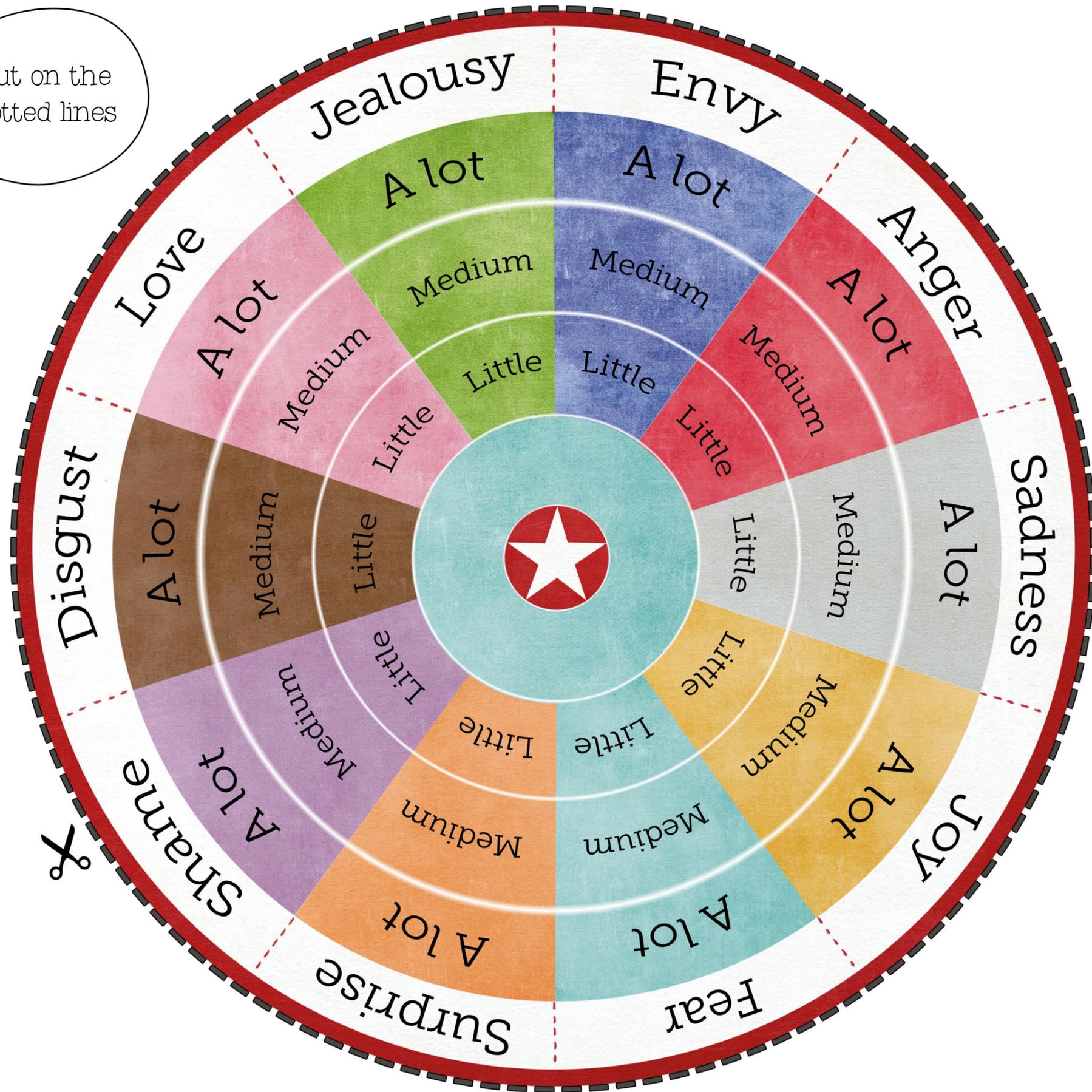


Step 8: Bend open the legs of the brad or paper fastener to secure it on the back of the WHEEL.

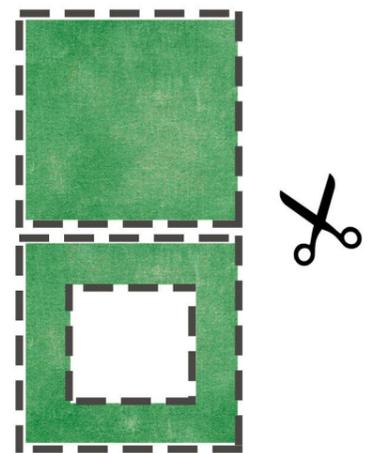
Ta da! Time to get in touch with your emotions and get your Emotion-O-Meter spinning!*

WHEEL

SCALE



SLIDER 1



SLIDER 2

